

# DO YOU KNOW SOMEONE LIVING WITH Parkinson's or Lewy Body Dementia?



## Dear care partners & caregivers,

What if you had the opportunity to better understand Parkinson's disease (PD) and Lewy Body Dementia (LBD) from a first-person perspective?

### Step into the world of Dima Harb with an enriching virtual reality experience.

Embodied Labs uses virtual reality (VR) technology to allow you to embody an immersive learning experience.

By becoming Dima, a Lebanese-American immigrant living with LBD and PD, discover how you can transform your involvement and knowledge in your own care practice as a caregiver, care partner, advocate, or community member.



Learn more from the developers at [www.embodiedlabs.com](http://www.embodiedlabs.com)

### Explore common questions about...

#### Symptoms:

- What do I need to know about how PD or LBD will impact our family and my loved one?
- How will brain and body changes impact the care needed over time?
- How do I prepare for the challenging behaviors that are part of the disease? Does my loved one understand that they had an uncontrollable moment?

#### Relationships:

- How do I take care of myself when someone important to me has PD or LBD?
- How can my loved one living with LBD/PD and I maintain a meaningful relationship?

#### Professional Services:

- Is a residential community an option for my loved one? Can I "let go" of being the primary care partner? Will the community be able to accommodate the preferences and routines of my loved one?
- How can home health care support me & my loved one?

### Visit Your Embodied Labs Location:



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